

# **March** 2020

Mountain Villa School Lunch

**Lunch Price List** 

Student Lunch: \$3.00 Reduced Lunch: \$0.40 Adult Lunch: \$3.70

## **MONDAY**

## **TUESDAY**

## WEDNESDAY

### **THURSDAY**

### **FRIDAY**

6



3

- **Chicken Nuggets**
- Dinner Roll
- Sauteed Broccoli

- · Tot-chos with Tater Tots, Taco Meat, Queso, Peppers, and Scallions
- Soft Pretzel Sticks
- · Fresh Pepper Dippers

## 5

## New Recipe!

- Chicken Lo Mein
- Stir-Fry Vegetables Fortune Cookie
- Marinara Sauce Freshly Prepared Caesar Salad

Pizza Crunchers with









- Read Across America Day
- Wocket in Pizza Pocket
- Horton's House Salad
- Sam I Am Sorbet

- Popcorn Chicken
- Soft Pretzel Stick
- **Mashed Potatoes**
- Steamed Corn

## 10



- Triple Tacos with Taco Meat, Shredded Cheddar Cheese, Lettuce, Tomatoes, and Salsa
- Oven Baked French Fries

Pasta with Meat Sauce • Grilled Cheese Sticks

12

Garlic Breadstick

11

- · Tomato Soup Freshly Prepared Italian • Fresh Veggie Dippers House Salad

## 13

- Stuffed Crust Pizza
- Freshly Prepared Garden Salad

# Steamed Rice

## 17

- Chicken Crunchers
- Soft Pretzel Stick
- **Tater Tots**

16

- Celery Sticks
- Baby Carrots



- · Hamburger on a Bun or Cheeseburger on a Bun
- Oven Baked French Fries
- 100% Juice Kiwi Strawberry Sorbet

## 18

- Creamy Mac & Cheese
- Mini Cornbread Loaf
- Sauteed Broccoli

# 19



- Waffles
- **Breakfast Sausages**
- Hash Browns

## 20



- First Day of Spring
- Bella's Pizza
- Freshly Prepared Italian House Salad
- Spring Maschio's Lemon/Cherry Frozen Sorbet



- Vegetable Empanada with Queso
- Fiesta Rice & Beans

24

- Chicken Tender Basket with Tater Tots & Pretzel Stick
- **Baby Carrots**



25

- Cheesesteak Hero

Sweet Potato Waffle Fries

26

- **Turkey Corn Dog Nuggets**
- Pizza Bagels

27

Freshly Prepared Garden Salad



- **Cucumber Coins**

30



Egg Patty Sandwich with Ham Slice and Cheese on a

Hash Brown Rounds

31

- Mini Chicken Tacos with Shredded Lettuce, Tomatoes, and Salsa Ranch
- Black Bean and Corn Salad



Maschio's Swap-Outs Available Daily: Chicken Patty on a Bun, Muffin Meal, Cereal Meal, Bagel Bag & Yogurt Meal

All Meals Served All Meals are Served with the Vegetable of the Day and/or a Selection from Mac's Veggie Patch, Assorted Fresh or Chilled Fruit of the Day, and Low Fat Milk Choice.

Nutrition Info K-5 Our well-balanced lunches available for the week, average between 550-650 calories with less than 10% of total calories from saturated fat and 0 grams of trans fat!

Nutrition Info K-8 Our well-balanced lunches available for the week, average between 600-650 calories, with less than 10% of total calories from saturated fat and 0 grams of trans fat!

Menus are Subject to Change Please note Maschio's Nutrislice carbohydrate counts are calculated using an average of our most used products. Maschio's Food Services nutrient information is based on the most updated manufacturer's food labels available and may be subject to change without warning. For Carbohydrate Counts for food items, please visit www.maschiofood.com for the most up to date Carbohydrate Count List of Common Foods. This list is updated on a monthly basis and as needed. Carbohydrate Counts for items are based on Nutrikids Analysis of Maschio's Recipes and may vary based on product availability. These calculations are not intended for medical use.

**EOE Statement** Maschio's Food Services, Inc. is an Equal Opportunity Employer.

More Details: allamuchy.nutrislice.com/menu/mountain-villa-school/lunch/

Layout, design & Drivate and non-commercial uses permitted. This institution is an equal opportunity provider.